

# 101

## MARIJUANA 101

DO YOU KNOW WHAT TEENS KNOW ABOUT MARIJUANA?

### SLANG TERMS FOR *Marijuana*

Weed  
Pot  
Grass  
Ganja  
Bud  
Herb  
Mary Jane  
Trees

MJ  
Keef  
Boom  
Skunk  
Gangster  
Reefer  
Joint

And new names pop up every day.

### *Safe Storage*

Store all marijuana products in a locked area. Make sure children cannot see or reach the locked area. Keep marijuana in the child-resistant packaging from the store.

How you store marijuana should change as youth get older. Safe storage methods for young children may not prevent older children or teens from accessing it.

### METHODS OF *Consumption*

#### **SMOKING**

Usually a joint, pipe or bong. This is the most common method of use.

#### **VAPING**

Vaporizers heat marijuana to release its active THC and the vapor is inhaled.

#### **DABBING/HASH OIL/WAX**

THC extract from marijuana, also called hash oil, can contain up to 60-80% THC and may take effect very quickly. High levels of THC may be dangerous. At this time, we do not know the safety of dabbing.

#### **EDIBLES**

The effects of edibles, teas and sodas can take longer to peak, and last longer, causing users to sometimes consume too much. Users can be caught off-guard by the stronger potency and long-lasting effects of marijuana infused products. Recent regulations determine that all retail marijuana edibles serving sizes can contain no more than 10m of THC. It can take up to four hours to feel the effects, and they can last up to 10 hours.

#### **TOPICALS**

Marijuana-infused lotions, salves, and balms are sold for localized pain and inflammation. They may treat skin problems or treat pain but do not make the user feel high.